July 2025-June 2026

	Hour 1 (8-9 am MST)	Hour 2 (9-10 am MST)	Hour 3 (10-11 am MST)	Hour 4 (11-12 noon MST)	
July					
Week 1- July 4th-Holiday	4th of July Holiday				
Week 2-July 11th	UTI-Non pregnant patient-FPRS	M&M	OB-Simulation-		
Week 3-July 18th	Fetal Heart Rate tracing	Prenatal Care-Invited Speaker Journal Club	13 Step Structured Road Map to Scholarly Activity / Resident 1:1 Research Director		
Week 4-July 25th [Week 5]*	Well Women Health Assessment	Journal Club	Physician Wellness, Burnout, Fatique recognition/mitigation		
[week 3]					
August					
Week 1-Aug 1	Normal Labor	Program Updates	Introduction to Health,SDOH,Equity	and Health (PD-Residents Meeting-Azhar	
Week 2-Aug 8	Endometriosis- MIGS	M&M	GYN-Simulation IUD/Nexplanon/EMB Low Fidelity Simulation		
Week 3-Aug 15	TeamSTEEPS in OB Emergencies	Polycystic Ovarian Syndrome-REI -Invited Speaker	Understand Ethical Conduct in Biomedical Research/Plagiarism		
Week 4-Aug 22	Benign Breast Disorders-Oncologist	GYN Case Conference	CREOG Prep-Gynecology		
[Week 5]-Aug 29	Bonus Friday-Resident =Asynchronous Office Topics				
September					
Week 1-Sep 5	PPH-Curtis	Program Updates	Quality tools-1	PD-Residents Meeting-Azhar	
Week 2-Sep 12	Ectopic Pregnancy-Doehrman	M&M	OB-Simulation- NSVD/PPH		
Week 3-Sep 19	Ethics and Beginning of Life	Pediatric and Adolescent Emergencies-Invited Speaker	Utilizing National Dataset for Research		
Week 4-Sep 26	Abnormal Uterine Bleeding -MIGS	Tumor board	Workshop "Wellness "		
[Week 5]*					
October					
Week 1-Oct 3	Hypertensive Disorders in Pregnancy-MFM	Program Updates	Quality tools-2	PD-Residents Meeting-Azhar	
Week 2-Oct 10	Contraception-FP	M&M	GYN-Simulation Laproscopic Skills		
Week 3-Oct 17	Preterm Labor-MFM	Maternal Health-Advancing Health Equity/DEI Journal Club	A case for case reports CREOG Prep Office-Azhar		
Week 4-Oct 24	STI-Invited-GYN				
[Week 5]* Oct 31		Bonus Friday-Resident =Async	nronous OB Topics		
November					
Week 1-Nov 7	Diabetes in Pregnancy-MFM	Program Updates	Better Quality through Better Measure	ment PD-Residents Meeting-Azhar	
Week 2-Nov 14	Uterine/Cervical Cancer-GYN-ONC	M&M		B-Simulation-Shoulder Dystocia	
Week 3-Nov 21	Medication Safety in Pregnancy-Director Pharmacy	Management of Abnormal Pap-Invited Speaker	Residents 1:1 Research Director		
Week 4-Nov 28	Vaginal Discharge	GYN Case Conference	Wellness Graditude Thanksgiving Time		
[Week 5]*					
December					
Week 1-Dec 5	VBAC	Program Updates-Azhar	Diving into Statistical Process Control (S	PC) PD-Residents Meeting-Azhar	
Week 2-Dec 12	Normal and abnormal pubertal growth -REI-Invited Spea	kı M&M	GYN-Simulation Laproscopic Skills		
Week 3-Dec 19	Pain Management Labor-Anesthesia	vNOTES-Invited Speaker	A Primer on Study Designs		
Week 4-Dec 26	Dysmenorrhea/Amenorrhea	Tumor board	CREOG Prep-Obstetrics		
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[Week 5]*

