

East Valley Internal Medicine Residency Program Newsletter

October 2022

The work of an institution in which there is no teaching is rarely first class. There is not that keen interest nor the thorough study of the cases nor amid the exigencies of the busy life is the physician able to escape clinical slovenliness unless he teaches and in turn is taught by assistants and students. It is, I think, safe to say that in hospital with students in the wards, the patients are more carefully looked after, their diseases are more fully studied and few mistakes made.— Sir William Osler

DHEV IM Residency and DHMG-Internal Medicine Chandler Welcome New Ambulatory Faculty Members

The IM residency is pleased to announce the recent addition of two new Ambulatory Medicine faculty who will be teaching residents in the Dignity Health Medical Group IM- Chandler clinic.

Dr. Osaf Ahmed is a Clinical Assistant Professor of Medicine at the University of Arizona COM-Phoenix Rural Medicine Program. He did his residency and chief residency and primary care fellowship at Staten Island University Hospital. He served as the vice-chair and chair of the Department of Medicine at Summit Regional Healthcare from 2016-2020. He was also the Associate Medical Director of Accord Hospice of the White Mountains. When asked about what he wanted the future residents to know about why he wanted to come to DHEV IM residency program he stated, "Teaching is my passion. The core of my medical practice involves compassionate listening and mutual decision making for quality patient care. I cannot



wait for residents to join our new practice with an open mind and who are willing to learn. I encourage students from all walks of life; we gain our strength from diversity. I enjoy nature and going on hikes."

Dr. Samuel Tytler is double boarded in both Family Medicine and Internal Medicine and comes to us after having served as faculty at HonorHealth. Originally a native of Nigeria, Dr. Tytler went to Arizona State University and states he is a Phoenix native at heart. In addition to practicing holistic medicine, Dr. Tytler has specialized interests in graduate medical education, hospital medicine, adolescent medicine, international medicine, and women's health. He enjoys being outdoors, hiking the Arizona mountains, playing tennis, and spending time with his family.



DHEV Retreat Discusses Important Topics of Diversity, Equity, and Inclusion/Belonging and Interviewing

Interview season is here!!! Over 53 faculty from Dignity Health East Valley and the Creighton Alliance Residency programs attended the educational retreat on Diversity, Equity and Inclusion/Belonging and Interviewing candidates for the best fit and emotional intelligence. Dr. Rachel Bond, Assistant Director of DEI for the residency gave a superb presentation on defining on the key concepts of DEI and how we should as a residency program aim to incorporate these elements into all that we do.

An interesting example from the presentation was describing America not as a melting pot but as vegetable soup where the flavors of each individual ingredient all blend together to create the unique flavor but you still see all the unique vegetables that make up the soup.

Another great example was that equality is not equity and how we have to strive to create a
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FACULTY SPOTLIGHT: Shalini Chaliki MD

Dr. Shalini Chaliki is a board certified internal medicine physician.

She is a native of Scottsdale and attended Desert Mountain High School before earning her combined B.A./M.D. degree through the Six-Year Medical School Program at the University of Missouri – Kansas City. She then completed her internal medical residency at the University of Central Florida/HCA Program in Gainesville, FL where she earned the position of Third Year Chief.

Dr. Chaliki stayed on as junior faculty/Fourth Year Chief during which time she was named Florida ACP Chief Resident of the Year. She then moved to New York City and completed a Hospice & Palliative Care Fellowship at Memorial Sloan Kettering Cancer Center.

She is excited to join Dignity Health East Valley as the Associate Program Director and looks forward to building an outpatient palliative care clinic.

Q: What are you most excited about with the new residency program?

A: Having the opportunity to mentor and teach the residents. I loved my job as 4th Year Chief Resident and being able to learn about the residents as whole people and help them achieve their goals was very fulfilling.

Q: What is one thing about you that most people do not know and you are willing to share?

A: I have been keeping my movie ticket stubs since high school. I have about 150 tickets saved. It gets harder with digital tickets but I usually print them out.

Q: What is your favorite thing to do when you are not working?

A: Staying active! I love playing pickleball, tennis, and sand volleyball with my friends. I also love going on solo hikes on the weekends and going on long walks with my 5 year old chihuahua,



hua, Ari (named after Ari Gold from Entourage).

Q: Where is your favorite place(s) to go out to eat in Chandler or Gilbert and what would you order?

A: Lo-Lo's Chicken & Waffles! I went to the original location in Phoenix for the first time over 15 years ago and it's still just as good today. I'm so glad they have a location in Gilbert.

Q: Other than being a physician, what other careers interested you when growing up?

A: Forensic Anthropology because I was a fan of the show Bones growing up; and an Executive Producer for a major television network – I love the stories television shows are able to tell and to be able to read new scripts and bring them to life would be very cool.

Q: Something you would like to do on your life "Bucket List" that you have not already done

A: I love traveling and I have Morocco, Egypt, and Angkor Wat in Cambodia on my list.

Q: If you had the ability to interview anyone from the past or present, who would you choose and what would you ask?

A: Probably my grandfather – and I am officially going to soon using Story Worth. He is 93 years old, the first in his family to go to college, and actually attended UT Austin from 1954-1957 – 2 years before the UT schools were officially desegregated. He's told me several stories about his life throughout the years but I would love to get it all recorded or written down.

DHEV Internal Medicine Residency Hires New Program Coordinator

DHEV Internal Medicine Residency is pleased to announce the hiring of our new Program Coordinator, Ms. Julie Ladwig.

Julie has years of experience in Graduate Medical Education as a program coordinator and has earned special certification called C-TAGME which is the National Board of Certification of Training Administrators of GME. She comes to us from her role as Program Coordinator of the University of Arizona College of Medicine – Phoenix Surgical Residency program at Banner. Prior to her time at Banner, she was the General Surgery Residency Coordinator at St. Joseph's Hospital in Phoenix.

In her previous role she was elected to the Executive Committee for Association of Residency Administrators in Surgery, where she served as membership liaison in this national committee. She is also member of the Association for Hospital Medical Education.

Outside of work, Julie enjoys the outdoors, kayaking, hiking, and traveling to new destinations. She also enjoys spending time with her 3 adult sons and 2 fur kids. Julie is also one of the few who was born and raised in Arizona.

We thank Valerie Hill for her contributions to helping with our program and wish her luck with her future endeavors.



UPCOMING INTERNAL MEDICINE
GRAND ROUNDS SCHEDULE
SAVE THE DATES First Tuesday of
each month from 1-2 pm in the Mor-
rison Auditorium and Via [Zoom](#)
[Link](#) Password: 964836 NOTE THIS IS
A NEW ZOOM LINK. PLEASE UPDATE
IN YOUR FAVORITES/BOOKMARKS

CME and MOC Credit available for
attendees

October 4, 2022- Bedside Manner: The Oth-
er Side of Medicine- Anthony Salibi DO

November 1, 2022- Neurology Updates- Jon-
athan Hodgson DO

December 6, 2022- High Yield Basics of Pain
and Symptom Management in Palliative
Care- Shalini Chaliki MD

January 3, 2023 Oligoarthritis in Rheumatic
Diseases- Amer Al-Khoudhari MD FACR

February 7, 2023 Endoscopic Management
of Pancreatic Fluid- Wael Youssef MD

March 7, 2023 Multiple Small Feedings of the
Mind– Top Topics in Hospital Medicine 2021-
22 Zachary Burkhart MD

April 4, 2023 The Cost Effective Role of New
Biologics in the Treatment of Asthma and
Other Immunological Diseases– Hiral Thakrar
MD

May 2, 2023 Endocrine Causes of Hyperten-
sion– The Role of Hyperaldosteronism– Naga
Nalini Tirumalasetty MD

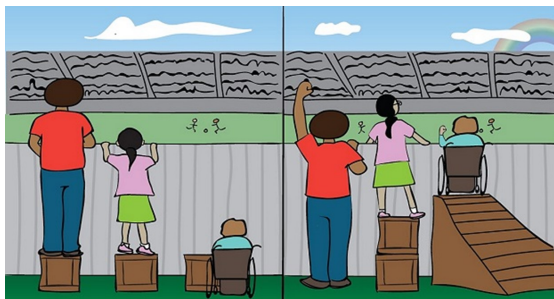
June 6, 2023 Controversies in When to Stop
Ordering Preventive Care Testing– Talissa
Adkison MD

Check out our Facebook site at

<https://www.facebook.com/EastValleyGradMedEd/>

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residency that makes sure that the systems we create provide fairness.



Equality

Equity

Other key points:

- Students and trainees benefit from diversity in the training environment especially the psychosocial benefits
- Patient care and health outcomes improve from diversity among providers
- Diverse research teams produce higher-quality science—they promote use of community-based participation and increase diverse participation in studies
- Care provided by female providers has been associated with improved patient outcomes.
- Our mentorship program must be culturally responsive and inclusive to all including under-represented minorities, women in medicine, and members of our LGBTQI community.
- We should use holistic reviews for our faculty/resident selection committees that include academic metrics and lived experiences/background.

DHEV IM Residency Pledge on Diversity, Equity and Inclusion

At DHEV IM residency program, we strive for a culture in which the values of diversity, equity, and inclusion are infused into all of our clinical, teaching and research activities. We hope to foster a culturally rich, diverse and welcoming learning environment in which trainees learn to provide individualized care to patients with diverse ethnic, racial and socioeconomic backgrounds across the gender spectrum. We are working hard to attract learners who want to contribute to this goal, and who are reflective of the community and the world that we serve. "

Following Dr. Bond's talk, Dr. Heather Rabin spoke on Interviewing for Fit. She discussed how Emotional Intelligence (EQ) is:

- the biggest predictor of performance and success in the workplace.
- It is the strongest driver of leadership and personal excellence
- Higher patient satisfaction scores are associated with a Physician's EQ.
- There is a direct correlation between EQ and resilience.

The keys for determining this during our interviews is for us to listen to the applicants past experiences and their descriptions of how they accomplished tasks in the past and how did they work with others.

She also spoke on the concepts of Hungry, Humble, Smart principles for interviewing. For faculty who were not able to attend, please contact either [Jennifer Urias](#), Drs. Markus or Chaliki to be able to access the content on our educational Google Drive.

Our Clinical Competency Committee will be starting to review application September 28 and our first interviews will be planned for October 13. If you have any questions or suggestions for the interview season or would like to get involved, please let us know!!

DHEV INTERNAL MEDICINE NEWS

Join us in congratulating Dr. Rachel Bond on her recent awards:

Dr. Bond was awarded the Wenger Award for Excellence in Medical Advocacy from the WomenHeart: The National Coalition for Women with Heart Disease in May 2022.

Dr. Bond was also selected as one of the Most Influential Women by AZ Business and AZRE magazines. The award announcement can be found at <https://azbigmedia.com/business/most-influential-women-rachel-m-bond-md-dignity-health/>

