

ACCESS LEISURE

Access Leisure has been serving the disability community in the City of Sacramento and metropolitan area for over 50 years! They offer a wide variety of offerings for youth, teens, and adults with physical and/or intellectual disabilities and Veterans.

Their mission is to optimize quality of life and provide enhanced life experience to people with disabilities through accessible recreation programs and services. These activities are structured to encourage positive interactions with peers while promoting interpersonal skills, social skills, physical fitness, emotional well-being and community integration. Come along and learn a new skill, have some fun and make some friends!

Monday, February 3rd, 2025

Virtually

11:00am - 12:00pm PST

Registration is required and a ZOOM link will be emailed to registrants.

Presentation will not be recorded

Space is limited.

*Please register by **January 27th***

City of
SACRAMENTO

To register, contact: 916.453.7966 or
Lacey.Sayre@CommonSpirit.org

Supported by:

