










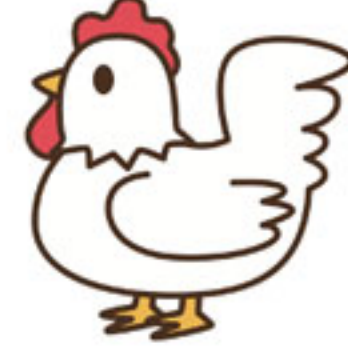


JANUARY ACTIVITIES CALENDAR

Dignity Health Connected Living Senior Dining Room

		1	2	3
		Wednesday	Thursday	Friday
		New Year's Day CLOSED	No Activities Today Drive Through Meals Only	No Activities Today Drive Through Meals Only
6	Monday	7	8	9
	No Activities Today Drive Through Meals Only	No Activities Today Drive Through Meals Only	Bingo 10:00 - 11:00 Cal Fresh Cooking Class Tiffany Greer 1145-12:45	Card Making Class Scraps by Sissie 10:00-11:30 \$5.00
				Fitness Class 10:00-11:00  Senior Karaoke
13	Monday	14	15	16
	Senior Volleyball 10:00-11:00am 	Bob Higgins - Music 11:00-12:00 Chair Yoga 10:00-10:45 	Bingo 10:00 - 11:00 	Cartooning Class with Dann L 10:30-11:30 
				Fitness Class 10:00-11:00  Senior Karaoke
20	Monday	21	22	23
	Martin Luther King's Birthday CLOSED	Bob Higgins Music 11:00-11:00-12:00 Chair Yoga 10:00-10:45 January Birthday Celebration 	Bingo 10:00 - 11:00 	Craft Time with Geri C 10:00-11:30 \$5.00 
				Fitness Class 10:00-11:00 River City Senior Line Dancers 11:30 Senior Karaoke
27	Monday	28	29	30
	Senior Volleyball 10:00-11:00am 	Bob Higgins - Music 11:00-12:00 Chair Yoga 10:00-10:45 	Bingo 10:00 - 11:00	Cartooning Class with Dann L 10:30-11:30 
				Fitness Class 10:00-11:00 Senior Karaoke 