

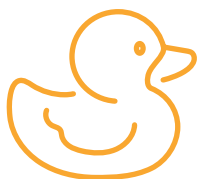
# 4 key resources for growing families

If you have a young family, you know the importance of having the right medical and wellness care on your side. Dignity Health has specialized, experienced caregivers who are here to provide everything you need as your family grows.



## Family medicine specialists

From coordinating with specialists to making sure each of your wellness needs is met, primary care providers are your primary link to healthcare. Dignity Health family medicine specialists can manage care for your whole family, ensuring everyone is up to date on their health and wellness milestones.



## A pediatrician you trust

A trusted pediatrician can help keep your child healthy throughout his or her childhood and adolescence. With a team of experienced pediatricians, as well as the area's only dedicated pediatric emergency department between Los Angeles and Madera, and dedicated pediatric acute care and intensive care units, Dignity Health has the resources you need to keep your children healthy.



## Expert OB-GYN care

Whether you're interested in family planning or staying on top of your routine health concerns, OB-GYNs are a key part of women's health. As experts in caring for moms and their babies, Dignity Health's OB-GYN specialists can also coordinate care with your pediatrician after your little one makes their big debut.



## The perfect place to meet your little one

Where you meet your newest family member matters. That's why it's important to choose where you give birth carefully. Dignity Health has two Family Birth Centers in Bakersfield. With private birthing suites, onsite neonatal intensive care units (NICUs), and a focus on safety and comfort, our centers are purpose-built to be the perfect place to welcome the newest member of your family.

Find these resources and more, including access to birth and parenting classes and virtual birth center tours, at [DignityHealth.org/Bakersfield](https://DignityHealth.org/Bakersfield).

