Improving pediatric emergency readiness through interdisciplinary emergency department simulation

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Emergency Medicine - PGYII



Overview

- Background
- Aim
- Methods
- Results
- Conclusion

Background

- The majority of pediatric emergency visits are made to general EDs
 - One estimate showed approximately 94% of pediatric patients presented to a general ED first [1].
- Our ED sees around 100,000 patients a year, around 18.9% of them are pediatric patients
- Staff in general EDs have varying experience level with pediatric population, knowledge of special pediatric equipment and their locations.

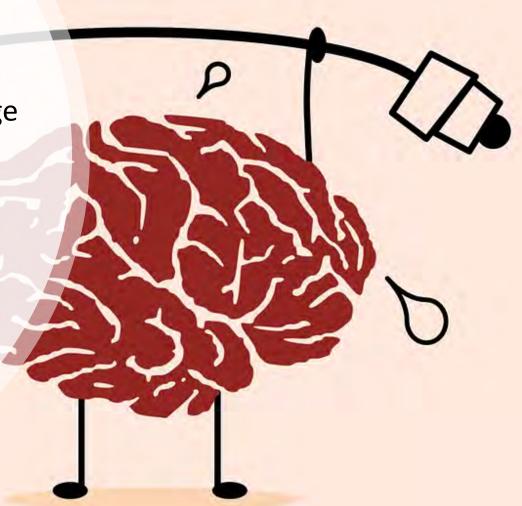




- **High-fidelity simulation** = computerized mannequins
- In-situ simulation = simulation within a department using available resources/equipment, involving staff from department.

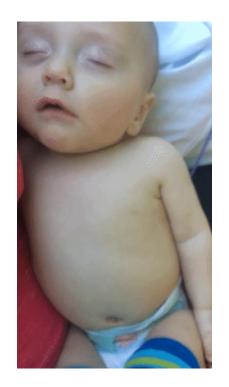
Aim

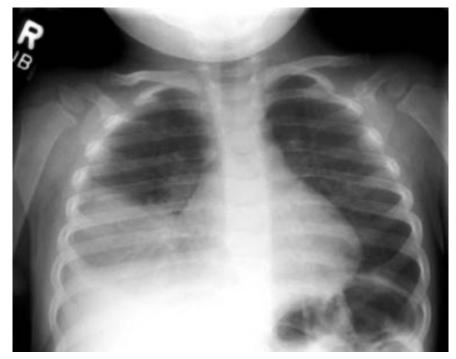
 Our aim is to improve knowledge of ED pediatric resources in ED staff after one pediatric SIM session.

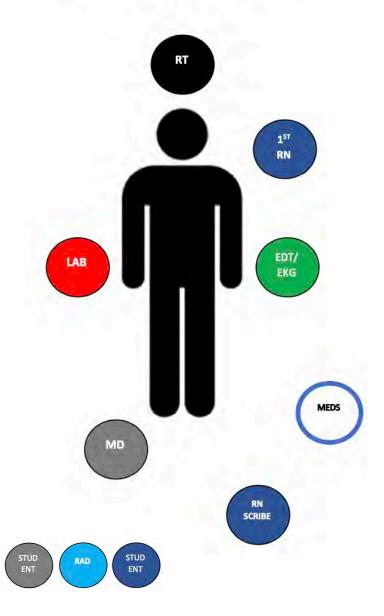


Methods

- 15-minute SIM session in the ED
- The Case: Pediatric Respiratory Distress
- Six question knowledge survey pre- and post-SIM and debrief







Pediatric Code Footprint

^{*}Example of Subcostal Retractions in Infant [Video]. Youtube. https://youtu.be/QtEJQkZoBbw. Published Jan 8 2018. Accessed June 12 2020.









Pre-SIM Survey

1. How many pediatric crash carts are in the department and where are they located? (Circle all locations)

A. Breezeway (across from Gyn Room)

B. Near Rooms 25-30

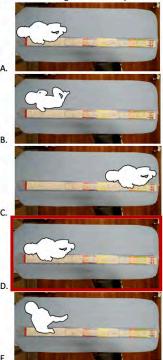
C. Across from Room 57 (near room 50)

D. Across from Room 58 (near room 40)

E. In Room 1 and 2

F. In Room 9 and 10

2. Which of the following is the correct placement of the Broselow Tape?



- 3. Where is the infant warmer located?
 - A. Breezeway (across from Gyn Room)
 - B. Near Rooms 25-30
 - C. Across from Room 57 (near room 50)
 - D. Across from Room 58 (near room 40)
 - E. In Room 1 and 2
 - F. In Room 9 and 10
- 4. Where is the Pediatric Procedure Cart located?
 - A. Breezeway (across from Gyn Room)
 - B. Near Rooms 25-30
 - C. Across from Room 57 (near room 50)
 - D. Across from Room 58 (near room 40)
 - E. In Room 1 and 2
 - F. In Room 9 and 10
- 5. (True False: "Sepsis alert" applies to pediatric patients as well as adult patients
- 6. (True False: Now that we have 24-hour pediatric specialist coverage, St. Joseph's Hospital can care for intubated pediatric patients as inpatients.

Learning points

- Location of all three pediatric crash carts
 - Nursing staff already knew about the ones for ED south and north, one lesser know is the cart in the 25-30 patient area.
- Proper usage of Broselow tape
 - One observation by nursing is that some staff use the start of lamination rather than red arrow.
- Pediatric <u>procedure</u> cart, where is it and what's in it?
 - Helpful adjunct airways, central line. Many are present in the pediatric crash cart but useful to know if supplies run low.
- Are sepsis alerts helpful in sick pediatric patients with suspected infection?
 - Not at our institution, a PEDS alert is more appropriate

Results



Our data analysis showed improvement of survey scores after our pediatric simulation intervention

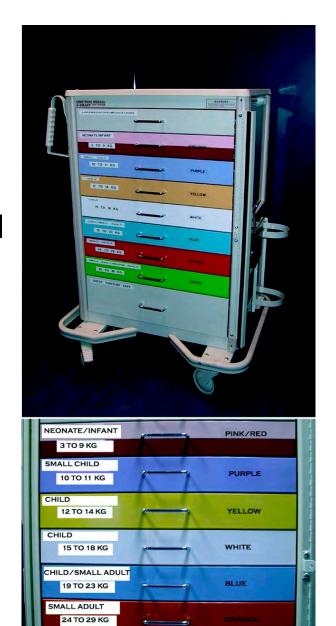


Increase from pre-survey score (M = 5.9, SE = 0.42) compared to post-survey score (M = 6.9, SE = 0.24, t(19) = -3.1, p = 0.005).

Conclusion

- Our simulation teaching intervention showed improvement of ED staff knowledge of pediatric resources and procedures as demonstrated by a pre- and post- intervention survey
- We suspect this will help improve preparation and utilization of pediatric resources for future pediatric emergencies in our community emergency department.





Resources

- 1. Gausche-Hill, M., C. Schmitz, and R.J. Lewis, *Pediatric Preparedness of US Emergency Departments: A 2003 Survey.* PEDIATRICS, 2007. 120(6): p. 1229-1237.
- 2. Murtagh Kurowski, E., T. Byczkowski, and J.M. Grupp-Phelan, *Comparison of Emergency Care Delivered to Children and Young Adults With Complex Chronic Conditions Between Pediatric and General Emergency Departments*. Academic Emergency Medicine, 2014. 21(7): p. 778-784.
- 3. Al-Elq, A., Simulation-based medical teaching and learning. Journal of Family and Community Medicine, 2010. 17(1): p. 35-40.
- 4. Paltved, C., et al., Designing in situ simulation in the emergency department: evaluating safety attitudes amongst physicians and nurses. 2017. 2(1).

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