Dignity Health Mercy Gilbert Medical Center

Community Health Needs Assessment 2022 – Appendix & Resources

Adopted May 2022





Appendices

The appendix includes the following documents:

Appendix A

2019 & 2021 Focus Group Discussion Schedules

Appendix B

2019 CHNA Focus Group Questions2021 COVID-19 Focus Group Questions2019 CHNA Survey Questions2021 COVID-19 Impact Survey Questions

Appendix C

2019 & 2021 Community Survey Demographics

Appendix D

MGMC's PSA Zip Codes

Appendix E

Participating Organizations in the Community Health Committee (CHC Meetings)

Appendix F

Summary of Dignity Health's Human Trafficking 101 Session: Dispelling the Myths

Appendix G

Data Indicator Matrix

Mercy Gilbert Medical Center CHNA 2022 Main Report can be found online at https://www.dignityhealth.org/arizona/locations/mercygilbert/about-us/community-benefit-outreach/benefits-reports

Appendix A – Focus Group Discussion Schedule

2019 Focus Group Schedule

Cycle 1

Date	Time	Population	Location
4/8 (Mon.)	6:00pm - 8:00pm	Native American Adult Males	Native American Fatherhood & Families Association
	10.00	[n = 8]	(460 N. Mesa Dr, Suite 115, Mesa, AZ)
4/16 (Tues.)	10:00am – 12:00pm	Homeless Males over 60 [n = 10]	St. Vincent de Paul (420 W. Watkins Rd., Phoenix, AZ)
4/17 (Wed.)	6:00pm -8:00pm	Native American	Mesa Public Schools
& 5/16 (Thurs.)	& 5:30pm-7:30pm	Adults [n = 17]	(1025 N. Country Club, Mesa, AZ) & Native Health (East Valley) (777 W. Southern Ave., Building C, Mesa, AZ)
4/18 (Thurs.)	10:30am - 12:30pm	Homeless Women with Children [n = 15]	UMOM (3333 E. Van Buren St., Phoenix, AZ)
4/18 (Tues.)	5:30pm - 7:30pm	African American Males [n = 7]	Hatton Hall (34 E. 7 th St., Tempe, AZ)
4/23 (Tues.)	4:30pm - 6:30pm	LGBTQI Adults [n = 7]	Southwest Center for HIV/AIDS (Parson's Center) (1101 N. Central Ave, Phoenix, AZ)
4/24 (Wed.)	6:00pm - 8:00pm	Homeless Youth (14-21) [n = 7]	Native American Connections/HomeBase (931 E. Devonshire, Phoenix, AZ)
4/25 (Thurs.)	12:30pm- 2:30pm	Adults over 60 (New Retirees) [n = 13]	Ahwatukee Foothills Family YMCA (1030 E. Liberty Lane, Phoenix, AZ)
4/26 (Fri.)	10:30am- 12:30pm	New Parents [n = 7]	Adelante Healthcare – WIC Office (1705 W. Main St., Mesa, AZ)
4/27 (Sat.)	10:30am- 12:30pm	Homeless Veterans [n = 15]	MANA House (2422 W. Holly St., Phoenix, AZ)
4/29 (Mon.)	6:00pm - 8:00pm	Parents of Children with Special Health Needs [n = 9]	Ignacio Conchos Elementary School (1718 W. Vineyard Rd., Phoenix, AZ)
4/30 (Tues.)	6:00pm - 8:00pm	Parents of Children with Special Health Needs [SPANISH; n = 7]	Ignacio Conchos Elementary School (1718 W. Vineyard Rd., Phoenix, AZ)
5/4 (Sat.)	10:30am – 12:30pm	Filipino Adults [n = 8]	Chandler Community Center (125 E. Commonwealth Ave., Chandler, AZ)
5/14 (Tues.)	5:30pm - 7:30pm	Veterans [n = 7]	Tanner Community Development Corporation (700 E. Jefferson St., Phoenix, AZ)
5/16 (Wed.)	8:30am- 10:30am	New Parents [SPANISH; n = 11]	Moon Mountain Elementary School (13425 N. 19th Ave, Phoenix, AZ)

Cycle 2

Date	Time	Population	Location
4/8 (Mon.)	6:00pm - 8:00pm	Native American Adult Males [n = 8]	Native American Fatherhood & Families Association (460 N. Mesa Dr, Suite 115, Mesa)
4/16 (Tues.)	10:00am – 12:00pm	Homeless Males over 60 [n = 10]	St. Vincent de Paul (420 W. Watkins Rd., Phoenix)
4/17 (Wed.) & 5/16 (Thurs.)	6:00pm -8:00pm & 5:30pm-7:30pm	Native American Adults [n = 17]	Mesa Public Schools (1025 N. Country Club, Mesa, AZ) & Native Health (East Valley) (777 W. Southern Ave., Mesa)
4/18 (Thurs.)	10:30am - 12:30pm	Homeless Women with Children [n = 15]	UMOM (3333 E. Van Buren St., Phoenix)
4/18 (Tues.)	5:30pm - 7:30pm	African American Males [n = 7]	Hatton Hall (34 E. 7 th St., Tempe)
4/23 (Tues.)	4:30pm - 6:30pm	LGBTQI Adults [n = 7]	Southwest Center for HIV/AIDS (Parson's Center) (1101 N. Central Ave, Phoenix)
4/24 (Wed.)	6:00pm - 8:00pm	Homeless Youth (14-21) [n = 7]	Native American Connections/HomeBase (931 E. Devonshire, Phoenix, AZ)
4/25 (Thurs.)	12:30pm- 2:30pm	Adults over 60 (New Retirees) [n = 13]	Ahwatukee Foothills Family YMCA (1030 E. Liberty Lane, Phoenix)
4/26 (Fri.)	10:30am- 12:30pm	New Parents [n = 7]	Adelante Healthcare - WIC Office (1705 W. Main St., Mesa)
4/27 (Sat.)	10:30am- 12:30pm	Homeless Veterans [n = 15]	MANA House (2422 W. Holly St., Phoenix, AZ)
4/29 (Mon.)	6:00pm - 8:00pm	Parents of Children with Special Health Needs [n = 9]	Ignacio Conchos Elementary School (1718 W. Vineyard Rd., Phoenix, AZ)
4/30 (Tues.)	6:00pm - 8:00pm	Parents of Children with Special Health Needs [SPANISH; n = 7]	Ignacio Conchos Elementary School (1718 W. Vineyard Rd., Phoenix, AZ)
5/4 (Sat.)	10:30am – 12:30pm	Filipino Adults [n = 8]	Chandler Community Center (125 E. Commonwealth Ave., Chandler, AZ)
5/14 (Tues.)	5:30pm - 7:30pm	Veterans [n = 7]	Tanner Community Development Corporation (700 E. Jefferson St., Phoenix, AZ)
5/16 (Wed.)	8:30am- 10:30am	New Parents [SPANISH; n = 11]	Moon Mountain Elementary School (13425 N. 19th Ave, Phoenix, AZ)

Cycle 3

Date	Time	Population	Location
10/16 (Wed.)	1:00 pm – 3:00 pm	Native Americans - Young adults (19-24)	ASU Discovery Hall 250 E Lemon St. Tempe 85281
10/17 (Thurs.)	10:00 am – 12:00 pm	Immigrants/Refugee/Asylum Seekers - Congolese	IRC 4425 W Olive #400 Glendale 85302
10/17 (Thurs.)	1:30 pm - 3:30 pm	Asian Americans - South and southeast Asia [n = 29]	Asian Pacific Community in Action-IACRF Hall 2809 W Maryland Phoenix 85017
10/22 (Tues)	4:00 pm – 6:00 pm	LGBTQ - Young adults (19-24)	One.n.ten 931 #202 Phoenix 85004
10/28 (Mon.)	11:00 am – 1:00 pm	Homeless - Young adults (19- 24)	Homebase 931 E Devonshire Phoenix 85014
11/1 (Sat.)	1:00 pm – 3:00 pm	Youth Focus Groups (14 - 18) - African Americans 1	Ironwood Library 4333 E Chandler Phoenix 85048
11/5 (Tues.)	10:00 am – 12:00 pm	Adults over 65 - Hispanic/Latino [n = 6]	Gila Bend Family Resource Center 303 E Pima St, Gila Bend, AZ 85337
11/6 (Wed.)	5:30 pm – 7:30 pm	People Living with Special Healthcare Needs - Parents/caregivers	Sunset Library 4930 W Ray, Chandler
11/7 (Thurs.)	12:00 pm – 2:00 pm	Adults over 65 - African Americans [n = 12]	Muriel Smith Center 2230 W Roeser Rd, Phoenix 85041
11/7 (Thurs.)	5:00 pm – 7:00 pm	African Americans- Young adults (19-24) [n = 4]	Muriel Smith Center 2230 W Roeser Rd, Phoenix 85041
11/12 (Wed.)	5:00 pm – 7:00 pm	Youth Focus Groups (14-18) - Homeless	UMOM 2344 E Earll Drive
11/13 (Wed.)	8:30 am - 10:30 am	Youth Focus Groups (14 - 18) - Hispanic	Natalie's room North High School 1101 E Thomas Phoenix 85014
11/13 (Wed.)	4:00 pm - 6:00 pm	People who have been previously incarcerated – combined	Black Canyon building 2445 W Indianola
11/13 (Wed.)	5:00 pm – 7:00 pm	Youth Focus Groups (14 - 18) - Native American	Seewa Tomteme Community Center 8066 S Avenida del Yaqui Guadalupe 85283

2021 Focus Group Schedule

FG#	Date	Region	Group (Location/provider)	Number
1	2/16/2021	SE	I-HELP Chandler	8
2	2/17/2021	Central	Native Health- Phoenix	8
3	2/18/2021	NE	Paiute - South Scottsdale	4
4	2/18/2021	SE	Native Health - Mesa	5
5	2/25/2021	NW	Sun Health - NW Valley	5
6	3/02/2021	NW	Sun Health - NW Valley	5
7	3/10/2021	South Central	South Mountain	6
8	3/12/2021	NW	Family Resource Center –English	6
9	3/19/2021	NW	Family Resource Center-Spanish	5
10	3/24/2021	SW	Gila Bend - English	8
11	3/26/2021	SW	Gila Bend - Spanish	6
12	3/29/2021	NE	Paiute, S. Scottsdale – Spanish - 9am	8
13	3/29/2021	NE	Paiute, S. Scottsdale – Spanish -11:30	6
14	3/30/2021	South Central	South Phoenix (AA/Black)	6
15	4/07/2021	SE	Gilbert - AZCEND Moms Club Gilbert	6
16	4/26/2021	South Central	S Phoenix Young Parents	5
17	5/10/2021	SE	African American/Black Women 85048	5
18	5/12/2021	South Central	Parents w/minors living home 85041	4
19	5/14/2021	*	Asian Americans 65+	8
20	5/16/2021	NW	Parents of Young Children 85086	4
21	5/17/2021	*	Hispanic/Latino Men	6
22	5/17/2021	*	Asian Americans	7
23	5/20/2021	*	Racial/Ethnic Minority Young Adults	7
24	5/27/2021	*	Guadalupe	6
25	6/01/2021	*	LGBTQIA+ Community Members	3
26	6/02/2021	*	Veterans	5
27	6/04/2021	*	Parents with Young Children	8
28	6/07/2021	*	Expectant Mothers & Parents of	5
			Young Children	
29	6/08/2021	*	Young Adults	5
30	6/09/2021	*	Seniors & Veterans	2
31	6/11/2021	*	Central Phoenix residents	10
32	6/14/2021	*	Immigrants - Spanish	4
33	6/14/2021	*	Refugees - Advocates	4
Total P	articipants			186

^{*} Community members participated from various regions of Maricopa County

Appendix B Primary Data Collection Tools

2019 Coordinated Community Health Needs Assessment Focus Group Questions

For the purposes of this discussion, "community" is defined as where you live, work, and play.

Opening Question (5 minutes)

To begin, why don't we go around the table and say your name (or whatever you would like us to call you) and what community event brings everybody out? (Such as: festival, school play, sporting event, parade; what brings all the people together for fun)

General Community Questions (15 minutes)

I want to begin our discussion today with a few questions about health and quality of life in your community.

- 1. What does quality of life mean to you?
- 2. What makes a community healthy?
- 3. When thinking about health, what are the greatest strengths in your community?
- 4. What makes people in the community healthy?
 - a. Why are these people healthier than those who have (or experience) poor health?

Community Health Concerns (15 minutes)

Next, let's discuss any health issues you have in your community.

5. What do you believe are the 2-3 most important issues that should be addressed to improve health in your community?

[Prompt – ask this if it does not come up naturally]

- i. What are the biggest health problems/conditions in your community?
- ii. Do other communities in this area have the same health problems?
- 6. A) What makes it hard to access healthcare for people in your community?

[Prompt – ask this if it does not come up naturally]

- i. Are there any cost issues that keep you from caring for your health? (such as copays or high-deductible insurance plans)
- ii. If you are uninsured, do you experience any barriers to becoming insured?

- iii. If you do not regularly seek care, are there provider concerns that keep you from caring for your health? (prompt ask if there are concerns about providers not identifying with them)
- B) How do these barriers affect the health of your community? Your family? Children? You?
- 7. For this question, think about the last year. Was there a time when you or someone in your family needed to see a doctor but could not? Did anything keep you from going?

Community Health Recommendations (15 minutes)

As the experts in your community, I would like to spend this final part of the focus group discussion talking about your ideas to improve community health.

- 8. What are some ideas you have to help your community get or stay healthy? To improve the health and quality of life?
- 9. A) What else do you (your family, your children) need to maintain or improve your health?

[Prompt – ask this if it does not come up naturally]

- i. Services, support or information to manage a chronic condition or change health behaviors such as smoking, eating habits, physical activity, or substance use
- ii. Preventative services such as flu shots, screenings or immunizations
- iii. Specialty healthcare services or providers (such as heart doctors or dermatologists)
- B) What health services do you or your family need that aren't in your community?
- 10. What resources does your community have/use to improve your health?

[Prompt – ask this if it does not come up naturally]

i. Why do you use these particular services or supports?

Ending Question (5 minutes)

11. Is there anything else related to the topics we discussed today that you think I should know that I didn't ask or that you have not yet shared?

Facilitator Summary & Closing Comments (5-10 minutes)

Let's take a few minutes to reflect on responses you provided today. We will review the notes we took and the themes we observed. This is your opportunity to clarify your thoughts or to provide alternative responses. [Co-facilitator provides a brief summary of responses for each of the questions or asks clarifying questions if she thinks she may have missed something.]

Thank you for your participation in this focus group meeting. You have all raised a number of great issues for us to consider. We will look at what you have told us and use this information to make recommendations to area hospitals and the Maricopa County Department of Public Health

2021 COVID-19 Focus Group Questions

A. Information about COVID-19

Let's start our conversation about how COVID-19 has affected you and your family.

- 1. How has COVID-19 affected you and your family?
- 2. What do people close to you (e.g., your family/friends) say about the COVID-19 vaccine?
 - a. What about your neighbors? Faith/religious leaders or faith community?
 - b. PROBE: And what about schools (if applicable)? Colleagues? Employers? Medical professionals? How has COVID-19 affected you differently because of your race or ethnicity?
- 3. Where have you seen information about the COVID-19 vaccine?
 - a. PROBE: Word of mouth? TV? Radio? Social media (e.g., Facebook, Twitter, text message sources)? Online sources?
 - b. Where are some places you've noticed health messages in general?
 - i. PROBE: Grocery store? Shopping stores (e.g., Walmart, Costco, Walgreens, CVS)? Doctor's office? Health clinic? Community/faith-based organization? Other?
 - c. What kind of messaging are you seeing? What do you think of these messages? Do you think they reach Arizona's communities?
- 4. Who do you trust and/or rely on information or updates about the COVID-19 vaccine?
 - a. PROBE: Why do you trust this person/s?
 - b. PROBE: Who don't you trust? Why?
- 5. Is there anything about COVID-19 or vaccine that you want to know more about?
 - a. PROBE: Why would you like to know this information?
 - b. PROBE: How would you like to receive this information?
 - c. PROBE: Language preference? Radio? TV? Pamphlets?
- 6. Where do you usually go to get health care or for your health needs?
 - a. PROBE: Urgent care? Hospital/ER? Clinic? Telehealth?
- 7. What thoughts do you have on preventing COVID-19?
 - a. Where did you get that information?

B. Intent to get vaccinated against COVID-19

The following questions are about your intentions to get vaccinated against COVID-19 when a vaccine becomes available to the general public.

- 1. What do you think about a COVID-19 (Pfizer vaccine? Moderna? Johnson & Johnson)?
 - a. PROBE: What are some reasons you think that (about each)?
- 2. What are some reasons why you and/or your family did/ would get vaccinated for COVID-19?
 - a. PROBE: Where would you go?
- 3. What concerns do you have about getting vaccinated for COVID-19?
 - a. **NOTE: List concerns and probe ex. "I don't know what is in the vaccine?" ASK: What do you think is in it? What have you heard?
 - b. PROBE: What concerns do you have about elders getting vaccinated for COVID19? Children?
- 4. In your opinion, what barriers do you think there may be to get vaccinated against COVID-19 (e.g., cost)?
 - PROBE: perhaps you've already had the vaccine?
- 5. What challenges do you, your family, and/or your community have in getting the COVID19 vaccine?

C. Communication and Messaging

Now let's discuss communication about COVID-19 and messaging.

- 1. What information would your reluctant family/friends need before getting the vaccine?
- 2. What are some ways we can communicate updates on "COVID-19 vaccines and research information" specifically to [BLACK, INDIGENOUS, HISPANIC/LATINO] communities?
 - a. PROBE: What are some things that may work?
- 3. What ways could community leaders build and maintain trust with your community [or BLACK, INDIGENOUS, HISPANIC/LATINO] communities?
- 4. What kind of messaging would you or your community need to know the vaccine is safe?
- 5. Do you think COVID has affected different groups of people differently? (Why do you think this is and how do you think we could we improve this situation?)

D. FINAL WRAP UP QUESTION

- 1. At this time, what do you and your family need to maintain or improve your health?
- 2. Is there anything else related to the topics we discussed today that you think I should know that I didn't ask or that you have not yet shared?

2019 Maricopa County Community Health Needs Assessment Survey

The purpose of this brief survey is to get your opinion about issues related to community health and quality of life here in Maricopa County. Information collected in this survey will be kept confidential and used only in combination with others participating in the survey. No personal identifying information will be collected. Your feedback will be used to help guide future community health improvement planning efforts. Thank you for supporting your community. This survey should take about 10 minutes. If you have questions about the survey or need it provided in an alternative format, please visit http://www.MaricopaHealthMatters.org.

In this survey, "community" is defined as the areas where you work, live, learn and/or play.

			•		
1.	In general, how wo	uld you rate your p	ohysical health?		
	Poor	Fair	Good	Very Good	Excellent
2.	How would you rat think?	e your mental hea	lth, including your mood, stres	ss level, and you	r ability to
	Poor	Fair	Good	Very Good	Excellent
3.	How often are you	able to get the ser	vices you need to maintain yo	ur mental health	1?
	Never		Sometimes		Always
4.	On a monthly basis and housing?	, do you have enou	ugh money to pay for essential	ls such as food, o	clothing
	Never		Sometimes		Always
5.	In your community	do neonle trust o	ne another and look out for or	ne another?	
٦.	iii your community	, do people trast o	ne another and look out for or	ic another:	
	Never		Sometimes		Always
6.	On a monthly basis bills, medications, o	•	ugh money to pay for health ca	are expenses (e.	g. doctor
	Never		Sometimes		Always

(Check all that ap	ply.)				
Health insurance purchased on my own or by family member	Health insuran purchased/pro through emplo	ovided	I do not use health care services		☐ Indian Health Services
Medicaid/AHCCCS	☐ Medicare		Travel to a different country to afford health care		☐ Use free clinics
Use my own money (out of pocket)	□ Veterans Administration	1	Other:		
8. What are the big	gest barriers to acc	essing healt	hcare in your commu	nity	? (Check up to 3.)
Childcare	☐ Difficulty finding right provider care	_	Distance to provider		Inconvenient office hours
No health insurance coverage	☐ Not enough he insurance cove		Transportation to appointments		Understanding of language, culture, or sexual orientation differences
Other:					
9. What are the gre	atest strengths of y	our commu	nity? (Check all that a	ppl	y.)
Ability to communicate with city/town leadership and feel that my voice is heard	☐ Accepting of diverse residents and cultures		Access to affordable after school activities		Access to affordable childcare
Access to affordable healthy foods	Access to afformation housing	rdable 🗆	Access to community classes and trainings		Access to cultural events
Access to fitness programs	Access to good schools		Access to jobs & healthy economy		Access to medical care
Access to mental health services	☐ Access to park recreation site		Access to public libraries and community centers		Access to public transportation
Access to religious or spiritual events	Access to safe walking and bi routes	king	Access to services for seniors		Access to social services for residents in need or crisis

7. How do you pay for your health care (including medications, dental and health treatments)?

Access to substance abuse treatment services		Access to support networks such as neighbors, friends, and family		Clean environment and streets		Good place to raise children
Low crime/safe neighborhoods		Other:				
10. Which health cond wellness? (Check		•	imp	act on your commun	ity's	overall health and
Alcohol/Substance abuse		Anorexia/bulimia and other eating disorders		Arthritis		Autism
Cancers		Chronic stress		Chronic pain		Dementia/Alzheimer's
Dental problems (oral health)		Diabetes		Food allergies/anaphylaxis		Heart disease and stroke
High blood pressure or cholesterol		HIV/AIDS		Lung disease (asthma, COPD, emphysema)		Vaccine preventable diseases such as flu, measles, and pertussis (whooping cough)
Mental health issues (depression, anxiety, bipolar, etc.)		Overweight/obesity		Sexually transmitted diseases		Suicide
Tobacco use including vaping		Other:				
11. Which <u>issues</u> have to 5.)	e the	greatest impact on	your	community's health	and ¹	wellness? (Check up
Bullying/peer pressure		Child abuse/neglect		Distracted driving (such as cell phone use, texting while driving)		Domestic violence
Dropping out of school		Elder abuse/neglect		Gang-related violence		Gun-related injuries
Homelessness		Homicide (murder)		Illegal drug use		Limited access to healthcare
Lack of affordable healthy food options		Lack of affordable housing		Lack of child car seats and seat belts use		Lack of good jobs
Lack of good schools		Lack of people immunized to prevent disease		Lack of public transportation		Lack of quality and affordable childcare
Lack of safe spaces to exercise and be physically active		Lack of support networks such as neighbors, friends and family		Limited places to buy groceries		Motor vehicle & motorcycle crash injuries

					cigarett vaping	te use or		
☐ Teen pregnancy		Unsafe w	_					
For the next four que to ten at the top. The ladder represents the	top of the	ladder	represen		-			
12. Which step re	epresents t	he heal	th of you	r comn	nunity?		Best Pos	sible
1 2 3 Worst Possible	4	5	6	7	8	9 10 Best Possib		
13. Indicate whe	re on the la	adder yo	ou feel yo	ou pers	onally st	and right nov	v. <u> 8</u>	
1 2 3 Worst Possible	4	5	6	7	8	9 10 Best Possib		
14. On which ste	p do you th	nink you	ı will star	nd abou	ıt five ye	ars from now	r? 5	\equiv
1 2 3 Worst Possible	4	5	6	7	8	9 10 Best Possib		口
15. Now imagine situation for possible final you stand rig	you, and th ncial situat	e botto	m of the	ladder	represe	nts the worst		
1 2 3 Worst Possible	4	5	6	7	8	9 10 Best Possib	WOIST FO	ssible
The following inform are confidential.	ation is use	ed for d	emograp	hic pur	poses an	d does NOT i	dentify you; all respo	nses
16. What is your	ZIP code?							
17. What is your	gender?							
□ Male		emale			Transge	nder	□ Other	

Smoking/electronic

Suicide

Racism/discrimination

Rape/sexual assault

18. What is your age?

□ 12-17	□ 18-24	□ 25-34	□ 35-44
□ 45-54	□ 55-64	□ 65-74	□ 75+

19. Which racial or ethnic group do you identify with? (Check only 1.)

White	Asian	American Indian: Tribal Affiliation	Hispanic or Latino
Black of African	Native Hawaiian or	Alaskan Native	Multi-racial
American	Other Pacific Islander		
Other		_	_

20. Which group(s) do you most identify with? (Check all that apply.)

Adult with children	Adult with no children	Caregiver	LGBTQI
Person experiencing homelessness	Person with a disability	Refugee/Asylum Seeker	Single parent
Veteran	Person living with HIV/AIDS	Other:	None

21. What range is your household income?

□ Less than \$20,000	□ \$20,000 - \$29,000	□ \$30,000 - \$49,000
□ 50,000 - \$74,000	□ \$75,000 - \$99,999	□ Over \$100,000

22. What is the highest level of education you have completed?

Less than a high school graduate	High school diploma or GED	Associate's Degree	Currently enrolled at vocational school or
			college
College degree or	Other		
higher			

2021 COVID-19 Impact Community Health Survey

The purpose of this brief survey is to get your opinion about COVID-19's impact on community health and quality of life in Maricopa County since March of 2020. Information collected in this survey will be kept confidential and used only in combination with others participating in the survey. No personal identifying information will be collected. Your feedback will be used to help guide future community health improvement planning and funding efforts. This survey should take about 15 minutes. If you have questions about the survey or need it provided in an alternative language or format, please email tiffany.Tu@maricopa.gov and we will do our best to accommodate.

The following information is used for demographic purposes and does NOT identify you; all responses are confidential. To learn more about why CHNAs are important, please visit https://www.cdc.gov/publichealthgateway/cha/plan.html. 1. What is the ZIP code that you currently reside in? 2. What is your gender? ☐ Female ☐ Male □ Transgender Prefer to self-Prefer not to describe answer 3. What is your age range? 12-17 18-24 25-34 35-44 65-74 45-54 55-64 75+ 4. Which racial and/or ethnic group do you identify with? (Check no more than two) ☐ African American Asian Hispanic/Latinx American/Black Indian/Native American □ Native Hawaiian or Caucasian/White Other: ____ Prefer not to answer other Pacific Islander 5. Which group(s) do you most identify with? (Check all that apply) ☐ Adult with children Single parent LGBTQI Person experiencing under age 18 or living homelessness in the same home □ Person living with a **Immigrant** Refugee Veteran disability □ Person living with Other Prefer not to answer None HIV/AIDS 6. What range is your household income? \$20,000 - \$29,000 Less than \$20,000 \$30,000 - \$49,000 50,000 - \$74,000 \$75,000 - \$99,999 Over \$100,000 Prefer not to answer 7. What is the highest level of education you have completed? High school diploma ☐ Less than a high Some College or Graduate of or GED Associate degree school graduate vocational/trade school (2yr) ☐ Currently enrolled Bachelor's Degree ☐ Postgraduate Degree Other

(4yr)

in college

Prefer not to answer

In this survey, "community is defined as the areas where you work, live, learn and/or play.

8. Since March of health?	2020 (the start o	of the COVID)-19 pa	andemic), how v	would you	rate yo	ur physical	
Excellent	Very Good	Go	od	Fai	r	Ī	Poor	
9. Would you rat physical health	e your current ph n prior to March o	-	h as Be	etter, Similar, o	r Worse co	ompared	to your	
Better		Sim	nilar			Worse		
health, includi	10. Since March of 2020 (the start of the COVID-19 pandemic), how would you rate your mental health, including your mood, stress level, and your ability to think? Excellent Very Good Fair Poor							
Excellent	Very Good	Go	od	Fai	r	<u> </u>	Poor	
11. Would you rate your current mental health as Better, Similar, or Worse compared to your mental health prior to March 2020?								
Better		Sim	nilar			Worse		
12. Since March of 2020 (the start of the COVID-19 pandemic), if you sought services to address your mental health, including your mood, stress level and/or your ability to think, how often have you been able to get the services you need?								
Always	Somet	imes		Never		Not App	licable	
13. What services last year? (Che	would have impr ck all that apply)	oved overal	ll ment	al and physical	health of	your fan	nily in the	
☐ Childcare services	☐ In-person	school		echnology and nternet service		Assistance finding en	e with nployment	
Assistance with paying utilities	☐ Assistance paying rel			Assistance with inding healthcare	□ <i>i</i>	Assistance	e with bstance use	
Assistance with mental health issue	Assistance finding CC vaccine	-		Other	_	<u> </u>		
14. Since March of 2020, have you had enough money to pay for essentials such as:								
Food		Always	5	Sometimes	Ne	ever	N/A	
Housing: Rent/Mortgage	е	Always		Sometimes		ever	N/A	
Utilities		Always		Sometimes		ever	N/A	
Car/Transportation		Always		Sometimes		ever	N/A	
Insurance		Always		Sometimes		ever	N/A	
Clothing/Hygiene Produ		Always		Sometimes		ever	N/A	
Medication/Treatments		Always		Sometimes		ever	N/A	
Childcare		Always		Sometimes		ever	N/A	
Tuition or Student Loans	S	Always	5	Sometimes	Ne	ever	N/A	

15.	Since March of 2020, have you applied for any of the following financial assistance due to the
	impact of the COVID-19 pandemic to assist with the essential cost of living expenses listed
	above?

COVID-19 Relief Funding for You/Family	Yes	No
COVID-19 Relief Funding for your business	Yes	No
Unemployment due to loss of job (laid off)	Yes	No
Unemployment due to staying home to care for children, elderly parents, or ill family members	Yes	No
Unemployment due to COVID-19 illness (self)	Yes	No
WIC (Women, Infant, and Children)	Yes	No
SNAP Food Stamps	Yes	No
Medicaid Insurance	Yes	No

16.	Since March of 2020, how often did you seek financial assistance to help pay for healthcare
	expenses (e.g. doctor bills, medications, medical treatments, doctor co-pay, etc.)

Always Sometimes Never N/A	Alwavs	Comotimos		N/A
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17. If you received a stimulus check in the fall of 2020 and spring of 2021, what impact did this have on alleviating your essential living expenses and access to healthcare?

Strong Impact	Moderate Impact	Weak Impact	No Impact/No	Did Not Receive
			difference	

18. Since March of 2020, was your employment impacted due to the COVID 19 pandemic? (Check all that apply)

No, continued working the same number of hours	No, required to continue working onsite	Yes, work hours were reduced	Yes, required to telework
Yes, furloughed (temporary job loss, able to return to work once management contacts you)	Yes, laid off	Yes, quit to care for children due to school closure	Yes, quit to care for ill family members
Yes, quit due to COVID-19 illness (self)	Yes, unable to return to work due to COVID-19 illness (long-term effects)	Yes, started a new job	Other:

19. Since March of 2020, how do you currently pay for your healthcare including medications, dental, and health treatments? (Check all that apply) ☐ Health insurance Health insurance Indian Health Medicaid/AHCCCS purchased on my own or provided through Services by family member employer Use free clinics Medicare Use my own money Veterans (out of pocket) administration Did not seek healthcare Other: since March of 2020 20. Since March of 2020, what have been the primary barriers to seeking or accessing healthcare in your community? (Check all that apply) Lack of childcare Difficulty finding the Unsure if healthcare Fear of exposure of right provider for my COVID-19 in a need is a priority healthcare setting during this time Inconvenient office Not enough health Distance to provider No health insurance insurance coverage hours coverage Transportation to Understanding of I have not Other: appointments language, culture, or experienced any sexual orientation barriers differences 21. Since March of 2020, what have been the greatest strengths of your community? (Check all that apply) ☐ Ability to Accepting Access to Access to of diverse affordable communicate schools or residents childcare with city/town school leadership and and alternatives feel that my cultures voice is heard Access to affordable Access to COVID-Access to cultural & Access to medical care 19 testing events healthy foods educational events ☐ Access to affordable Access to mental ☐ Access to COVID-Access to quality housing 19 vaccine events online school health services options ☐ Access to community Access to Flu Access to jobs & Access to parks and healthy economy programming such as vaccine events recreation sites classes & trainings ☐ Access to public libraries Access to safe Access to substance Access to low and community centers walking and crime / safe abuse treatment biking routes neighborhoods services Access to public Access to services Access to support transportation for seniors networks such as neighbors, friends, and family

Access to social

residents in need

services for

or crisis

Access to clean

streets

environments and

☐ Access to religious or

spiritual events

Other:

22. Since March of 2020, in addition to COVID-19, which health conditions have had the greatest impact on your community's overall health and wellness? (Check all that apply)

Alcohol/Substance abuse	Cancers		Dementia/Alzheimer's		Diabetes
Heart disease and stroke	High blood pressure or cholesterol		HIV/AIDS		Lung disease (asthma, COPD, emphysema)
Vaccine preventable disease such as flu, measles, and pertussis (whooping cough)	Mental health issues (depression, anxiety, bipolar, etc)		Overweight/ obesity		Sexually transmitted disease
Tobacco use including vaping	Other:				
23. Since March of 202 community's healt	which of the following nd wellness? (Check a	_		itest	impact on your
Child abuse/elder abuse & neglect	Distracted driving (such as cell phone use, texting while driving)	[Domestic violence / sexual assault		Gang-related violence
Gun-related injuries	Limited/lack of access to COVID19 testing		Lack of affordable healthy food options		Lack of people immunized to prevent disease
Homelessness	Limited access to healthcare	[Lack of affordable housing		Lack of public transportation
Drug/substance abuse (illegal & prescribed)	Limited access to mental/behavioral health services		Lack of jobs		Lack of quality and affordable childcare
Lack of COVID-19 vaccine access	Limited access to educational and supportive programing for children and adolescents		Lack of alternative educational opportunities		Lack of safe spaces to exercise and be physically active
Lack of support networks such as neighbors, friends, and family	Motor vehicle & motorcycle crash injuries	[Racism/ discrimination		Suicide
Teen Pregnancy	Other:	_ [_			

☐ Very easy to use	☐ Easy to use	Neither easy nor difficult to use	☐ Difficult to use	☐ Very difficult to use
25. Based on th o	e given survey que	estions above, the info	rmation provided wa	s easy to understand.
☐ Strongly agree	□ Agree	□ Neutral	□ Disagree	☐ Strongly disagree
didn't ask? 27. Want to tell	us more? We war y indicating your t	hare with us regarding nt to share community type of experience alor	members' stories. Le	t us know you're

24. Overall, how easy was it to navigate this electronic survey?

Thank you for completing MCDPH's COVID-19 Impact Community Health Assessment Survey.

Appendix C – Survey Demographics

2019 & 2021 Community Survey Demographics

2019	
Total # of participants	11,893
Race/Ethnicity	
African American/Black	3.0%
American Indian/Native American	2.0%
Asian	25.0%
Caucasian/White	61.0%
Hispanic/Latinx	4.0%
Other	6.0%
Age	
12-24	8.0%
25-44	32.0%
45-64	39.0%
65+	21.0%
Gender	
Female	73.0%
Male	25.0%
Other	1.0%

2021	
Total # of participants	14,380
Race/Ethnicity	
African American/Black	4.1%
American Indian/Native American	1.4%
Asian	4.5%
Caucasian/White	64.5%
Hispanic/Latinx	18.3%
Native Hawaiian/Other Pacific Islander	1.2%
Two or more races	1.2%
Unknown/Not given	4.9%
Age	
12-24	6.4%
25-44	30.9%
45-64	43.0%
65+	20.0%
Gender	
Female	68.9%
Male	29.1%
Additional Genders	0.6%
Unknown/Not Given	1.4%

Appendix D – Mercy Gilbert Medical Center FY20 PSA Zip Codes

	MGMC's PSA Zip Codes											
85140	85233	85296										
85142	85234	85297										
85147	85248	85298										
85204	85249											
85212	85286											
85225	85295											

Appendix E – Participating Organizations in the Community Health Committee (CHC) Meetings

Dignity Health and CommonSpirit Health	
Arizona General Hospitals	Dignity Health East Valley Hospitals Community Board
CommonSpirit Health leadership	Dignity Health East Valley physicians
Dignity Health Center for Diabetes management program leadership	Dignity Health Foundation East Valley
Dignity Health Community Education program leadership	Dignity Health Medical Group
Dignity Health Community Oral Health program leadership	St. Joseph's Hospital and Medical Center
Dignity Health Community Wellness program leadership	St. Joseph's Hospital and Medical Center; Community Health
Dignity Health East Valley Community Grants Committee	
Dignity Health East Valley Executive Leadership	

Community Partners	
About Care	Hushabye Nursery
Amanda Hope Rainbow Angels	ICAN: Positive Programs for Youth
Amplify Peace	Intel
Aster Aging	LaLoBoy Foundation
AZCEND	Lighthouse Psychiatry
Cancer Support Community Arizona	Maricopa County Department of Public Health
CeCe's Hope Center	Mercy Care
Chandler CARE Center	Mesa Chamber of Commerce
Chandler Children's Medical and Dental Clinic	Mission of Mercy
Chandler Unified School District	notMYkid
Child Crisis Arizona	Positive Paths for Women East Valley
City of Chandler	Queen Creek Chamber of Commerce
First International Bank & Trust	Rayhons Financial
Foundation for Senior Living	Teen Unity Board
Help & Hope for Youth	Town of Gilbert - Councilmember
Hope for Addiction	UCSF

Appendix F – Summary of Dignity Health's Human Trafficking 101 Session: Dispelling the Myths

MYTH X	FACT
1. Human trafficking only happens overseas.	Every country is affected by human trafficking, including the United States. The USA passed federal legislation to outlaw two common forms of human trafficking: sex trafficking and labor trafficking. According to federal law, human trafficking means forcing or coercing a person to perform commercial sex or labor/services. Commercial sex is any sex act in which money or something of value is exchanged. Under federal law, anyone under age 18 involved in commercial sex is automatically a victim of human trafficking – no force or coercion is required.
2. Only foreign nationals/immigrants are trafficked in the United States.	In 2018, nearly 11,000 tips of human trafficking were reported and at least 1,237 of these tips involved U.S. citizens or lawful permanent residents.
3. Human trafficking and human smuggling are the same crime.	Human trafficking is NOT the same crime as human smuggling. Human trafficking is a violation of someone's human rights. Human smuggling is a violation of a country's immigration laws. A person can consent to being smuggled into the country; however, if that person is forced or coerced into commercial sex or labor/services, then they are a victim of human trafficking.
4. Sex trafficking could never occur in a legal setting like a strip club.	Sex trafficking has been discovered in legal business settings (e.g., strip clubs, escort services, and pornography). Regardless of the location or legality , any person induced to perform commercial sex or labor through force or coercion is a victim of human trafficking.
5. Everyone engaging in prostitution is doing so by choice.	Oftentimes adults are "choosing" to perform commercial sex work due to a lack of options as opposed to a free choice. We must refrain from passing judgment and we must offer compassion and resources to persons in need of assistance.

6. Victims of human trafficking will reach out for help.	Oftentimes victims of sex trafficking, especially youth, do not self-identify as victims. Due to prior abuse, victims may not realize they are being manipulated or exploited. Sex traffickers often target vulnerable and abused youth. Victims of sex or labor trafficking may blame themselves, may fear authorities, or may fear retaliation by traffickers. Foreign national victims may not speak English and may not know their rights in America.
7. Only women and girls are victims of sex trafficking.	Men and boys are also victims of sex trafficking. Traffickers often target young men and boys living on the streets, many of whom identify as LGBTQ.
8. Child sex trafficking could never occur in my community.	Child sex trafficking has been reported in every region served by Dignity Health.
9. All sex traffickers are stereotypical pimps.	The term pimp is often associated with a stereotypical pimp (e.g., flashy hat and clothes). These pimps are no longer the norm. "Pimping" has become so normalized and even glamorized in the media that many young men and boys, especially gang members, want to become pimps. Gangs consider it easier to sell a person for sex than to sell drugs or guns. Drugs and guns can be sold only once . A person, however, can be sold for sex over and over . Anyone can be a trafficker, including family members, friends, and neighbors. This crime is not exclusive to known pimps or gang members. One mother sold her 7- and 14-year-old daughters for sex.
10. Human trafficking refers only to sex trafficking.	 Human trafficking is an umbrella term that includes both sex and labor trafficking. Unfortunately, labor trafficking often does not get as much exposure in the media as does sex trafficking. Labor trafficking has been identified in industries like agriculture, hospitality, domestic work (e.g., live-in maid), and traveling sales crews. Red flags include the following: Victims may be charged a fee that is impossible to pay off (i.e., debt bondage). Victims may be forced to work 12+ hours per day, 7 days per week. Victims may not be allowed to leave the work premises and may be forced to sleep on the floor or on a cot in the back of the business. Victims of domestic servitude may be forced to sleep in the home. Victims working in traveling sales crews may be forced to sleep in a van or other vehicle.

Appendix G – Data Indicator Matrix

Appendix & Bata maleator				_													
Resource Responsibility																	
HDD - Hospital Discharge Data BRFSS - Behavioral Risk Factor Surveillance Survey																	
ACS - American Community Survey (Census)													t,				
YRBS - Youth Risk Behavior Survey				un.									Maricopa County				
AYS - Arizona Youth Survey	an a			Sui						р			ပ				
H-CUP - The Healthcare Coast & Utilization Project	Source		S	E.			Birth			Ma	_	Level	ba	S	e	National	
IP - linpatient hospitalization	ਡ		BRFSS	S;	BS	듩	£	HS	s	icy	ij	Ķ	Ę.	Regions	Ö	ion	e e
ED - Emergency Department Visits	S	HDD	BR	AC.	2	Deg	틆	٩D	٨	Pol	¥	Le	Ma	Reg	Zip	Nat	State
Population Demographics		_	_			_	_				_		_			_	
Gender																	
Age Groups																	
Race/Ethnicity																	
Education																	
Income																	
Employment Status																	
Access to Health Care																	
Health Insurance Coverage																	
Poverty																	
Health Care Coverage (18-64)					_		Ш							Ш			
Usual Source of Care																	
Routine Checkup (last year)					_												
Primary Payer Type for ED/IP																	
Birth Related																	
IMR			_	_													\vdash
Low Birth Weight PreTerm Births					\vdash												_
Teen Birth		\vdash	 	 	\vdash	\vdash			-								\vdash
Prenatal Care Began			_	_													\vdash
Top 5 leading casuse of death																	\vdash
Youth top 5 leading casuse of death																	
Top 5 leading emergency department and																	
hospitalization reasons																	
Cancer Incidence & Prevention																	
Cancer (by type) Incidence																	
Cancer (by type) Screening																	
Cancer (by type) Deaths																	
Chronic Disease																	
Stroke																	
Stroke Deaths																	
% Been told they have high blood pressure																	
Cardiovascular Disease																	
Cardiovascular Disease Deaths																	
% Told they have high cholesterol																	
Diabetes																	
Diabetes Deaths																	
Been told they have diabetes																	
Alzheimer's ED/IP																	
Alzheimer's Deaths																	
% told they have Confusion/Memory Loss																	
COPD ED/IP																	
COPD Deaths																	
Been told they have asthma																	
Asthma ED/IP								L		L							
Asthma Deaths																	
Been told they have asthma																	
	•	•		•	•	•	-	•	-	•	•						

Resource Responsibility HDD - Hospital Discharge Data BRFSS - Behavioral Risk Factor Surveillance Survey ACS - American Community Survey (Census) YRBS - Youth Risk Behavior Survey AYS - Arizona Youth Survey H-CUP - The Healthcare Coast & Utilization Project IP - linpatient hospitalization ED - Emergency Department Visits	Source	НDD	BRFSS	ACS;Census	YRBS	Death	Birth	ADHS	AYS	PolicyMap	н-сир	Level	Maricopa County	Regions	Zipcode	National	State
Mental/Behavioral Illness																	
Mood and Depressive Disorders																	
Schizophrenic Disorders																	
Drug-Induced Mental and Behavioral Disorders																	
All Mental/Behavioral disorders																	
Behavioral Health Risk Factors																	
Alcohol Related ED/IP							\vdash										
Alcohol Related Deaths							\vdash										
Intentional Self-Harm/Suicide ED/IP							\vdash										
Intentional Self-Harm/Suicide Death Opioids - Unintentional overdose ED/IP							\vdash										
Opioids - Unintentional overdose ED/IP Opioids - Unintentional overdose Deaths							\vdash										
Alcohol/Drug use																	
Youth Alcohol/drug use							\vdash										
Smoking		\vdash					\vdash			-	-						
Youth Smoking																	
Nutrition/Diet																	
Youth Nutrition/Diet																	
Physical Activity							\vdash										
Youth Physical Activity																	
Obesity							\vdash										
Youth Obesity							\vdash										
Injury																	
Motor Vehicle Crash related ED/IP							П										
Motor Vehicle Crash related Deaths																	
Fall Related ED/IP							\vdash										
Fall Related Deaths																	
Violence-related ED/IP																	
Violence-related Deaths																	
Social Determinants of Health																	
Transportation; no vehicle households																	
																	-
Access to Food; Low Income Low Access																	