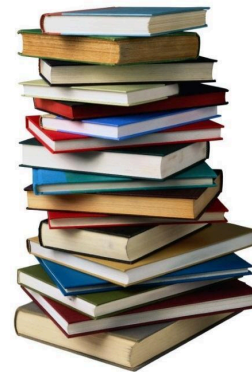


# BOOK CLUB

Join us every other month in 2025 for book club meetings with the John A. Schafer, MD Multiple Sclerosis Achievement Center. Read/listen to all or a portion of the book and connect with others in the MS community to discuss or just listen in! The meetings will be held virtually via Zoom.

Book Club is free and open to members and non-members of the John A. Schafer, MD Multiple Sclerosis Achievement Center.

- Monday, February 3rd, 1-2pm = *James*, by Percival Everett
- Monday, April 7th, 1-2pm = *The Millicent Quibb School of Etiquette for Young Ladies*, by Kate McKinnon
- Monday, June 2nd, 1-2pm = *The Woman in Cabin 10*, by Ruth Ware
- Monday, August 4th, 1-2pm = *Horse*, by Geraldine Brooks
- Monday, October 6th, 1-2pm = *The Heaven & Earth Grocery Store*, by James McBride
- \*\*\*Monday, December 1st, 11a-12p = *The Women*, by Kristin Hannah



\*\*\*Please note the time difference of December's meeting

Contact us to be added to the invite list and for details of our next Book Club meeting!

To register, contact: 916.453.7966 or [Lacey.Sayre@commonspirit.org](mailto:Lacey.Sayre@commonspirit.org)