

Connected Care California: Get the Most from Your Coverage



Selecting health care for you and your family is a big decision. You want a partner who will be by your side every step of the way—to help you stay well and support you when you're not feeling your best.

Intel's Connected Care California High Deductible Health Plan (HDHP) is designed to **improve your personal health care experience** while focusing on prevention and proactive management of existing conditions.

Why Connected Care?

Great Value

- Lower deductibles, co-insurance, and out-of-pocket maximums compared to other HDHP options.
- Connected Care is the only plan option where many preventive medications are covered at 100%. See a list of covered preventive medications [here](#).
- No prior authorization needed for services from in-network providers.



Local Expertise You Can Trust

- Local knowledge and relationships that national plans can't match.
- Extensive network of doctors, clinics, and hospitals dedicated to quality care and convenience for your family's diverse needs. Use the Find a Provider tool on the Connected Care website [here](#) for a listing of providers.
- Local nurse case managers to assist with navigating complex or chronic conditions and collaborate directly with your care team.



National Coverage for Peace of Mind

- Extensive in-network coverage with care available across the country. This is especially beneficial for employees who travel frequently or have dependents living elsewhere.
- Access to network discounts from doctors and hospitals both locally and nationally.
- Contact the Connected Care Concierge Center for assistance locating a provider outside of your service area.



Concierge, at Your Service

- A one-stop resource to help you find the right doctor, answer questions about benefits and claims, verify eligibility, process ID card requests, and more.
- Dedicated to service excellence, helping you maximize your benefits and connect with covered programs and support.
- To talk to a Concierge (Monday through Friday, 8 a.m. to 6 p.m.), call **800.971.4153**.



This Annual Enrollment, **choose the Intel Connected Care California HDHP** to cover your family's health care needs.

Find additional resources and learn more at dignityhealth.org/intel

Large Network of Doctors to Choose From

Partnering with high-quality, compassionate doctors is at the very core of what we do because delivering excellence is one of the best ways we know to express humankindness. When you select the Intel Connected Care HDHP, you have access to **Hill Physicians Medical Group, Mercy Medical Group** and **Woodland Clinic** primary care and specialty providers, including:

- More than 1,000 doctors
- 50+ medical specialties
- More than 50 office locations
- Same-day appointments
- Virtual visits available with most primary care and specialty providers
- More than 20 urgent care locations
- Communication with your care team via secure patient portal

Leadership in Comprehensive Care

To best serve your health goals and needs, we make sure you always have access to the resources you need. With Dignity Health, you get access to the largest hospital system in the region—all **nationally recognized** by leading health care authorities. Our affiliated physicians are dedicated to providing **high-quality, compassionate care** through our wide range of medical services, including:

Cancer Care

Recognized by the American College of Surgeons' Commission on Cancer as an



Integrated Cancer Network, our comprehensive, multidisciplinary approach focuses on the patient, treating them mind, body, and spirit. Our care network offers an extensive array of screening options, personalized treatments and comprehensive support following a diagnosis. Throughout the process, our **specialized oncology nurse navigators** are there to help guide our patients along their journey, offering one-on-one assistance.

Cardiovascular Care

Known as a regional leader in cardiovascular care, the Dignity Health Heart and Vascular



Institute is equipped to manage a wide range of conditions using the latest diagnostic technology along with some of the most innovative treatment options available. We consistently earn high rankings from leading reporting agencies—including Joint Commission certifications for chest pain and Ventricular Assist Device therapy—a clear demonstration of our excellence in cardiovascular care.

Emergency Care

No one plans for an emergency, but it's at those times we need kindness the most.



Our Emergency Rooms are here to help 24/7, offering care to **quickly and efficiently treat a wide range** of illnesses and injuries.

Know where to go: [click here](#) to find out when you should go to an ER, Urgent Care or to your PCP.



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Family Birth Centers

At our Family Birth Centers, expecting moms and their babies are cared for by skilled physicians and experienced maternity nurses and staff—all **dedicated to the emotional and physical well-being of mom and baby**. Moms experience labor, delivery and recovery all in the comfort of the same spacious, private room, each with sleeping accommodations for a support person. In the event of a premature birth or seriously ill baby, we offer two Neonatal Intensive Care Units (at Mercy San Juan Medical Center and Methodist Hospital of Sacramento).



Neurological Care

We offer the experience and expertise to diagnose and treat the most complex diseases affecting the brain and nervous system. **As the regional leader in stroke care**, we treat more patients than any other health system. Our hospitals have all been recognized by the Joint Commission with Advanced Stroke Center designations and are linked together by telemedicine capabilities to provide seamless sharing of expertise and integrated resources. Our multidisciplinary team also offers specialized expertise in epilepsy, multiple sclerosis, brain tumors and other disorders, and spine conditions.



Orthopedics

With two of only 24 hospitals in California **certified by The Joint Commission for Advanced Total Hip and Total Knee Replacement**, we offer cutting-edge capabilities unique to the Greater Sacramento area for injury and disease affecting bones, joints, ligaments, tendons, and nerves. From diagnosis to treatment and rehabilitation, we work to restore strength, flexibility, and function.



Women's Health

We are committed to **comprehensive care for women at all stages of life**—not just gynecology and maternity care, but also aspects of cardiology and oncology unique to women.



Inclusive Care

All five of our Greater Sacramento hospitals have been **recognized in the Human Rights Campaign Foundation's 2024 Healthcare Equality Index (HEI)**. The HEI is the nation's foremost benchmarking survey that evaluates health care facilities' policies and practices related to the **equity and inclusion of LGBTQ+ patients, visitors and employees**. This recognition is a testament to the dedication of our compassionate care teams, who are committed to making sure that all feel welcome, heard, and safe in our care sites every day.



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Hospital Services by Location

| | Mercy General Hospital | Methodist Hospital of Sacramento | Mercy San Juan Medical Center | Mercy Hospital of Folsom | Woodland Memorial Hospital |
|-----------------------------|------------------------|----------------------------------|-------------------------------|--------------------------|----------------------------|
| Bariatric Surgery | | ■ | | | |
| Cancer Care | ■ | ■ | ■ | ■ | ■ |
| Eye Care | ■ | ■ | | | ■ |
| Emergency Care | ■ | ■ | ■ | ■ | ■ |
| Gastroenterology | ■ | ■ | ■ | ■ | ■ |
| Gynecology | ■ | ■ | ■ | ■ | ■ |
| Heart and Vascular Care | ■ | ■ | ■ | ■ | ■ |
| Imaging Services | ■ | ■ | ■ | ■ | ■ |
| Lung & Esophageal Care | ■ | ■ | ■ | | ■ |
| Neurology | ■ | ■ | ■ | ■ | ■ |
| NICU | | ■ | ■ | | |
| Obstetrics | ■ | ■* | ■ | ■* | ■ |
| Orthopedics | ■ | ■ | ■ | ■ | ■ |
| Otolaryngology | ■ | ■ | ■ | ■ | ■ |
| Pediatric Concentrated Care | | | ■ | | |
| Plastic Surgery | ■ | ■ | ■ | ■ | |
| Rehabilitative Care | ■ | ■ | ■ | ■ | ■ |
| Spine Surgery | ■ | | ■ | ■ | ■ |
| Sports Medicine | ■ | ■ | ■ | ■ | ■ |
| Surgical Services | ■ | ■ | ■ | ■ | ■ |
| Thoracic Surgery | | | ■ | | |
| Trauma Center | | | ■ | | |
| Urology | ■ | ■ | ■ | ■ | ■ |
| Wound Care | | ■ | | | |

*Includes Obstetrics Emergency Care



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