

Connected Care California: Primary Care, Urgent Care or Emergency Room

If you need medical attention, follow these steps:



Primary Care

Call Your Doctor

- For help and advice
- To schedule an appointment
- To receive instructions for after-hours care

The dedicated Intel Connected Care California Concierge team is available at 1.800.971.4153 and ready to help you find an in-network Connected Care California PCP. The Concierge line is available Monday-Friday, 8 a.m. - 6 p.m. PST.



Urgent Care

Urgent Care Centers may offer x-ray, lab and ultrasound services and can provide **same-day** care for these common conditions:

- Sprains, strains and minor broken bones
- Cuts and abrasions, including stitches
- Fever, colds, coughs, sore throats, sinus problems & earaches
- Nausea, vomiting, diarrhea and minor abdominal pain
- Skin allergies and rashes
- Insect and animal bites
- Minor asthma attacks
- Pink eye
- Back pain and body aches
- Common headaches



Emergency Room

When you need medical care now and you don't feel safe to wait. **Go to the Emergency Room for:**

- Any life-threatening condition
- Loss of consciousness
- Severe bleeding
- Severe abdominal pain
- Difficulty breathing
- Chest pain or heart attack
- Stroke, weakness, or numbness on one side
- Head injury or other major trauma
- Poisoning
- Seizure

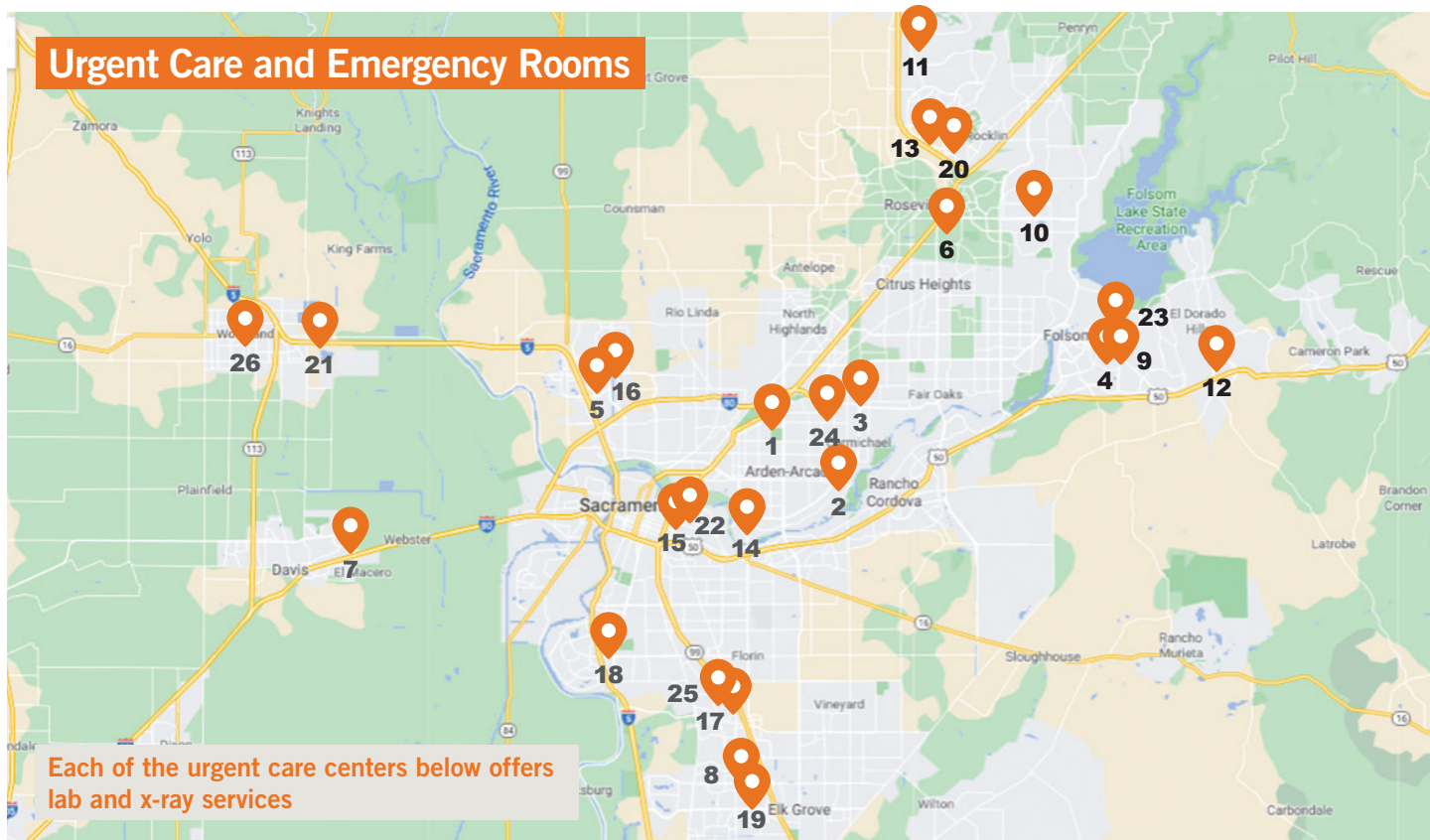
This Annual Enrollment, **choose the Intel Connected Care California HDHP** to cover your family's health care needs.



Find additional resources and learn more at dignityhealth.org/intel



Urgent Care and Emergency Rooms



1. All Inclusive Medical Services, Inc. (AIMS)
5900 Coyle Ave., Suite A
Carmichael, CA 95608
1.916.332.1210

2. American River Urgent Care
9490 Madison Ave., Suite 100
Orangevale, CA 95662
1.916.287.8569

3. Carbon Health
4156 Manzanita Ave.
Carmichael, CA 95608
1.916.488.6337

4. Carbon Health
1201 East Bidwell St.
Folsom, CA 95630
1.916.920.6337

5. Carbon Health
4112 East Commerce Way
Sacramento, CA 95834
1.916.447.6337

6. Carbon Health / MED7
Urgent Care
701 Sunrise Ave.
Roseville, CA 95661
1.916.772.6337

7. Davis Urgent Care
4515 Fermi Pl., Suite 105
Davis, CA 95618
1.530.759.9110

8. Elk Grove Urgent Care
9045 Bruceville Rd., Suite 100
Elk Grove, CA 95758
1.916.479.9110

9. Folsom Urgent Care
1600 Creekside Dr., Suite 1400
Folsom, CA 95630
1.916.984.8244

10. Granite Bay Urgent Care
5290 Douglas Blvd., Suite 102
Granite Bay, CA 95746
1.916.570.7250

11. Lincoln Urgent Care
77 Lincoln Blvd., Suite 1
Lincoln, CA 95648
1.916.258.2751

12. MDSTAT Urgent Care
3860 El Dorado Hills Blvd.,
Suite 601
El Dorado Hills, CA 95762
1.916.941.9222

13. MDSTAT Urgent Care
851 Pleasant Grove Blvd.,
Suite 110
Roseville, CA 95678
1.916.773.9222

14. MDSTAT Urgent Care
391 Howe Ave.
Sacramento, CA 95825
1.916.678.5280

15. Mercy Medical Group
Midtown Walk-In Clinic
3000 Q St.
Sacramento, CA 95816
1.916.733.3377

16. Natomas Urgent Care
4321 Truxel Rd.
Sacramento, CA 95834
1.916.947.9110

17. Pediatric Urgent Care of
Sacramento
7601 Hospital Dr., Suite 101B
Sacramento, CA 95823
1.916.682.7777

18. Sacramento Urgent Care
7200 S Land Park Dr., #100
Sacramento, CA 95831
1.916.422.9110

19. Trinity Urgent Care &
Occupational Health
7811 Laguna Blvd., Suite 161
Elk Grove, CA 95758
1.916.887.7778

20. Turnure Medical Group
Urgent Care
6805 Five Star Blvd., Suite 100
Rocklin, CA 95677
1.916.632.7425

21. Woodland Clinic–East
Woodland Urgent Care
2081 Bronze Star Dr.
Woodland, CA 95776
1.530.668.2600

Emergency Rooms

22. Mercy General Hospital
4001 J St.
Sacramento, CA 95819
1.916.453.4545

23. Mercy Hospital of Folsom
1650 Creekside Dr.
Folsom, CA 95630
1.916.988.7400

24. Mercy San Juan
Medical Center
6501 Coyle Ave.
Carmichael, CA 95608
1.916.537.5000

25. Methodist Hospital of
Sacramento
7500 Hospital Dr.
Sacramento, CA 95823
1.916.432.3000

26. Woodland Memorial Hospital
1325 Cottonwood St.
Woodland, CA 95695
1.530.662.3961