

# Connected Care California: Primary Care, Urgent Care or Emergency Room

If you need medical attention, follow these steps:



## Primary Care

### Call Your Doctor

- For help and advice
- To schedule an appointment
- To receive instructions for after-hours care

The dedicated Intel Connected Care California Concierge team is available at 1.800.971.4153 and ready to help you find an in-network Connected Care California PCP. The Concierge line is available Monday-Friday, 8 a.m. - 6 p.m. PST.



## Urgent Care

Urgent Care Centers may offer x-ray, lab and ultrasound services and can provide **same-day** care for these common conditions:

- Sprains, strains and minor broken bones
- Cuts and abrasions, including stitches
- Fever, colds, coughs, sore throats, sinus problems & earaches
- Nausea, vomiting, diarrhea and minor abdominal pain
- Skin allergies and rashes
- Insect and animal bites
- Minor asthma attacks
- Pink eye
- Back pain and body aches
- Common headaches



## Emergency Room

When you need medical care now and you don't feel safe to wait. **Go to the Emergency Room for:**

- Any life-threatening condition
- Loss of consciousness
- Severe bleeding
- Severe abdominal pain
- Difficulty breathing
- Chest pain or heart attack
- Stroke, weakness, or numbness on one side
- Head injury or other major trauma
- Poisoning
- Seizure

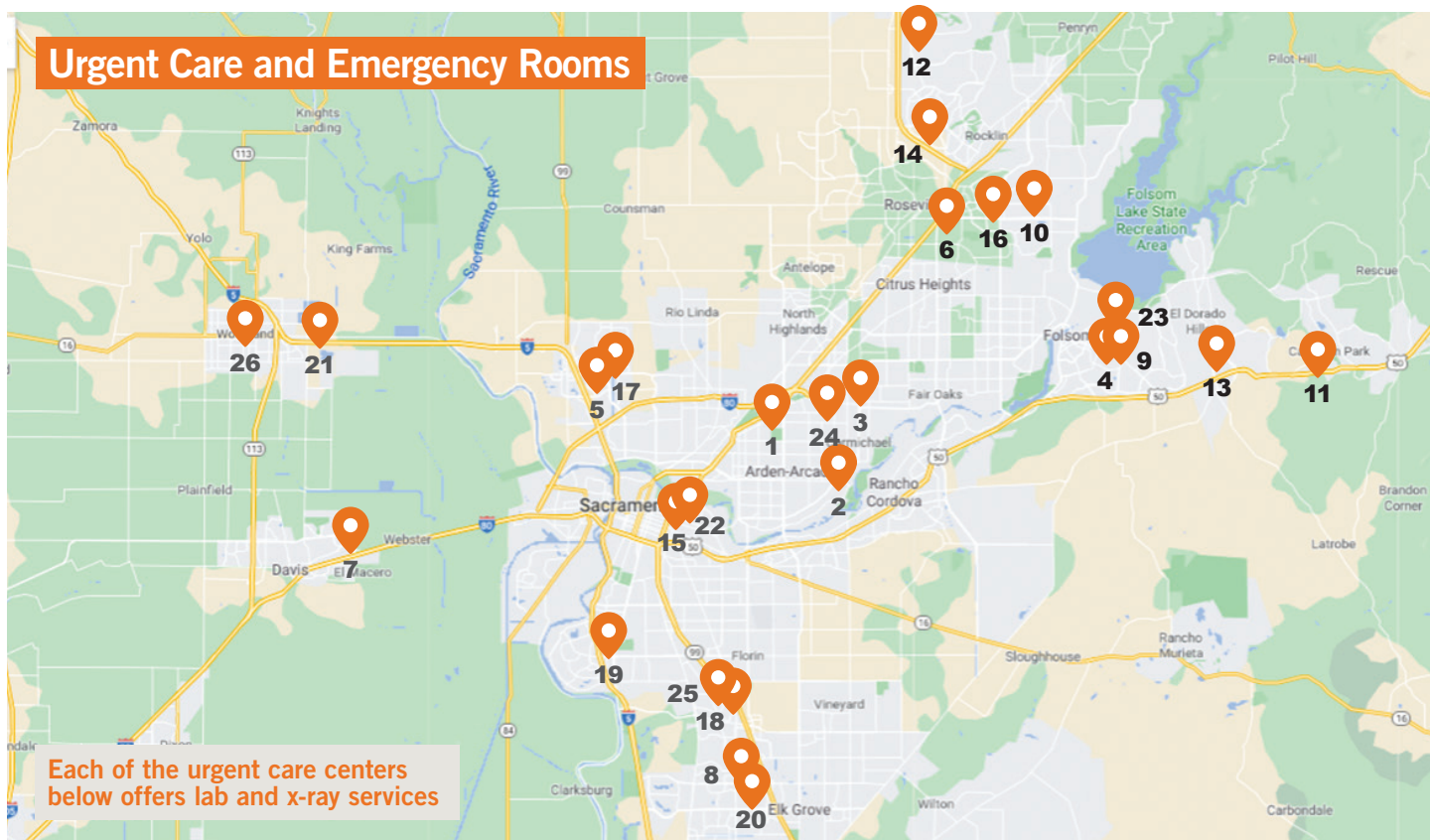
This Annual Enrollment, **choose the Intel Connected Care California HDHP** to cover your family's health care needs.



Find additional resources and learn more at [dignityhealth.org/intel](https://dignityhealth.org/intel)



## Urgent Care and Emergency Rooms



Each of the urgent care centers below offers lab and x-ray services

**1.** All Inclusive Medical Services, Inc. (AIMS)  
5900 Coyle Ave., Suite A  
Carmichael, CA 95608  
1.916.332.1210

**2.** American River Urgent Care  
9490 Madison Ave., Suite 100  
Orangevale, CA 95662  
1.916.287.8569

**3.** Carbon Health  
4156 Manzanita Ave.  
Carmichael, CA 95608  
1.916.488.6337

**4.** Carbon Health  
1201 East Bidwell St.  
Folsom, CA 95630  
1.916.920.6337

**5.** Carbon Health  
4112 East Commerce Way  
Sacramento, CA 95834  
1.916.447.6337

**6.** Carbon Health  
701 Sunrise Ave.  
Roseville, CA 95661  
1.916.772.6337

**7.** Davis Urgent Care  
4515 Fermi Pl., Suite 105  
Davis, CA 95618  
1.530.759.9110

**8.** Elk Grove Urgent Care  
9045 Bruceville Rd., Suite 100  
Elk Grove, CA 95758  
1.916.479.9110

**9.** Folsom Urgent Care  
1600 Creekside Dr., Suite 1400  
Folsom, CA 95630  
1.916.984.8244

**10.** Granite Bay Urgent Care  
5290 Douglas Blvd., Suite 102  
Granite Bay, CA 95746  
1.916.570.7250

**11.** Jovive Urgent Care  
4062 Flying C Rd., Suite 41  
Cameron Park, CA 95682  
1.530.332.2130

**12.** Lincoln Urgent Care  
77 Lincoln Blvd., Suite 1  
Lincoln, CA 95648  
1.916.258.2751

**13.** MDSTAT Urgent Care  
3860 El Dorado Hills Blvd.,  
Suite 601  
El Dorado Hills, CA 95762  
1.916.941.9222

**14.** MDSTAT Urgent Care  
851 Pleasant Grove Blvd.,  
Suite 110  
Roseville, CA 95678  
1.916.773.9222

**15.** Mercy Medical Group  
Midtown – Urgent Care  
3000 Q St.  
Sacramento, CA 95816  
1.916.733.3377

**16.** Mercy Medical Group  
Roseville – Express Primary Care  
3980 Douglas Blvd., Suite 110  
Roseville, CA 95661  
1.916.293.4400

**17.** Natomas Urgent Care  
4321 Truxel Rd.  
Sacramento, CA 95834  
1.916.947.9110

**18.** Pediatric Urgent Care of  
Sacramento  
7601 Hospital Dr., Suite 101B  
Sacramento, CA 95823  
1.916.682.7777

**19.** Sacramento Urgent Care  
7200 S Land Park Dr., #100  
Sacramento, CA 95831  
1.916.422.9110

**20.** Trinity Urgent Care &  
Occupational Health  
7811 Laguna Blvd., Suite 161  
Elk Grove, CA 95758  
1.916.887.7778

**21.** Woodland Clinic – East  
Woodland Urgent Care  
2081 Bronze Star Dr.  
Woodland, CA 95776  
1.530.668.2600

### Emergency Rooms

**22.** Mercy General Hospital  
4001 J St.  
Sacramento, CA 95819  
1.916.453.4545

**23.** Mercy Hospital of Folsom  
1650 Creekside Dr.  
Folsom, CA 95630  
1.916.988.7400

**24.** Mercy San Juan  
Medical Center  
6501 Coyle Ave.  
Carmichael, CA 95608  
1.916.537.5000

**25.** Methodist Hospital of  
Sacramento  
7500 Hospital Dr.  
Sacramento, CA 95823  
1.916.432.3000

**26.** Woodland Memorial Hospital  
1325 Cottonwood St.  
Woodland, CA 95695  
1.530.662.3961