

Feel better, more hopeful, and not alone.



Cancer Support Groups 2023-2024

In-person cancer support groups:

Cancer Support Group

3rd Monday of each month
5:00p - 6:00p
6403 Coyle Ave. Suite 200
Carmichael, CA 95608
Contact: mari.williams@dignityhealth.org

Women's Cancer Support Group

3rd Wednesday of the month
12:00p - 1:00p
6403 Coyle Ave. Suite 200
Carmichael, CA 95608
Contact: mari.williams@dignityhealth.org

Folsom Cancer Support Circle

Every Tuesday
4:00p - 5:30p
1580 Creekside Dr. Classroom 1
Folsom Ca 95630
Contact: Linda Gilman 916-880-8972

Lymphedema Support Group**

3rd Thursday of the month
Obsession Compression
Call 916-649-0730

Transition to Wellness

Questions on Cancer
Survivorship Resources
Email: tami.krebs@dignityhealth.org

Online cancer support groups:

Pancreatic Cancer Support Group for patients and loved ones

Every other Tuesday
10:00a - 11:30a
Contact: Kathryn Swingle 206-341-0930

45ish & younger Breast Cancer Support Group

2nd Tuesday of the month
6:00p - 7:00p
Contact: mari.williamS@dignityhealth.org

Sacramento Brain Tumor Support Group**

1st Wednesday of the month
6:30p - 8:00p
Email: bnsanchez@ucdavis.edu or call
916-734-6948 for details

Blood Cancer Support Group**

1st Wednesday of the month
5:30p - 7:00p
Contact Wellness Within at 916-788-0333

Multiple Myeloma Support Group**

1st Saturday of the month
10:00a - 12:00p
Call Bill at 916-662-0085 for details

Rosie Ring Support Group for Women

Every Tuesday
8:00a - 9:00a
Contact: wilella.cook@commonspirit.org

Cancer Support Group

4th Friday of the month
1:00p - 2:00p
Contact: mari.williamS@dignityhealth.org

Advanced Cancer Support Group

2nd Monday of the month
12:00p - 1:00p
Contact: mari.williamS@dignityhealth.org

Women's Cancer Support Group

1st Tuesday of the month
5:30 - 6:30p
Contact: mari.williamS@dignityhealth.org

Prostate Cancer Support Group

3rd Thursday of every month
1:30p - 2:30p
Contact: Michael.mair@dignityhealth.org
3:30p - 4:30p
Contact: martha.keys@Commonspirit.org