

# **Accessing the Dignity Health Network**

Throughout the Greater Sacramento region, there are a number of health plan options that allow our communities to connect to Dignity Health's award-winning doctors, medical groups and hospitals. The following steps should be taken to ensure access to Dignity Health.



## Choose a health plan that we accept

Dignity Health accepts most major insurances including a wide variety of HMO, PPO, Medicare Advantage and Covered California plans.

Visit

DignityHealth.org/OpenEnrollment for a complete list.

2

### Choose a Dignity Health doctor

Choose a Primary Care Provider (PCP) through one of our affiliated medical groups:

Dignity Health Mercy Medical Group

Dignity Health Medical Group – Sierra Nevada

Dignity Health Woodland Clinic

3

#### Get exceptional care

including primary and specialty care, labs, imaging, urgent care, six full-service hospitals and other supportive health care services





## The Dignity Health Difference

Mercy Medical Group, Woodland Clinic and Dignity Health Medical Group – Sierra Nevada believe in delivering high-quality, compassionate health care for all. They put that belief into practice by providing the resources you need, including:



Access to 600+ **providers** across 33 locations covering primary care and more than 45 specialties



**Urgent care** at 21 locations throughout Greater Sacramento



The convenience of 12 Medical **Complexes** with a variety of services available in one location, like primary and specialty care, labs and imaging



My Portal, Dignity Health's patient portal, giving you the ability to communicate with your doctor online, schedule appointments, view lab results and more



24/7 free nurse **advice** for primary care and pediatrics



Same-day appointments and online scheduling



Virtual visits for primary care and all specialties

### This Open Enrollment, choose humankindness.

Open Enrollment comes just once a year. Be sure to connect yourself with the doctors who specialize in exceptional care delivered with a dose of humankindness. Learn more at DignityHealth.org/OpenEnrollment.